

TWO TIME OLYMPIC GOLD MEDALIST



2024

CHANDRA CHEESEBOROUGH

INVITATIONAL TRACK & FIELD MEET

SATURDAY FIRST COAST HIGH SCHOOL MAR. 30TH

590 DUVAL STATION RD.

FOR TICKETS & MORE INFO
VISIT WWW.CHEESEBOROUGHINVINTATIONAL.COM



Dear Coaches and Teams,

On behalf of the organizing committee, it is my great pleasure to extend a warm welcome to you all to the Chandra Cheeseborough Invitational Track and Field Meet! We are thrilled to have you join us for what promises to be an exhilarating and memorable event.

This meet has been named in honor of the legendary Chandra Cheeseborough, whose remarkable achievements and dedication to the sport continue to inspire athletes worldwide. As we gather here to celebrate excellence in track and field, we pay homage to her legacy and strive to uphold the values of sportsmanship, perseverance, and camaraderie that she embodies.

To the coaches, thank you for your tireless efforts in nurturing and guiding your athletes to reach their full potential. Your commitment to their development both on and off the track is truly commendable, and we are grateful for your invaluable contributions to the sport.

To the teams, welcome to our esteemed competition! Your presence here adds to the excitement and prestige of the event, and we are honored to host such talented athletes. May this meet be an opportunity for you to showcase your skills, forge new friendships, and create lasting memories.

As we embark on this journey together, let us embrace the spirit of friendly competition and mutual respect. Let us push the boundaries of what is possible and inspire each other to reach new heights of excellence.

On behalf of the entire organizing committee, I wish you all the best of luck in your competitions. May you exceed your own expectations and leave a lasting impression on all who witness your performances.

Finally, I would like to express my gratitude to our sponsors and volunteers for their invaluable contributions to the success of this event. Without their support, none of this would be possible.

Thank you once again for joining us at the Chandra Cheeseborough Invitational Track and Field Meet.

Warm regards,

Angela D. Harris
Meet Director
Chandra Cheeseborough Invitational Track and Field Meet



DATE: March 30, 2024

LOCATION: First Coast High School
590 Duval Station Road
Jacksonville, Florida 32218

PACKET PICKUP: First Coast High School – Team Registration Tent 7:00AM – 2:00PM

COACHES MEETING: Saturday, March 30th at 8:00 AM in the Field House.

HOST: Maxie's Girls – maxiesgirls@gmail.com

MEET DIRECTOR:
Angela Harris
cheeseboroughinvitational@gmail.com

OFFICIALS COORDINATOR:
James Williams
mrapplecreeman@aol.com

TIMING: Gunlap Running - gunlaprunning@gmail.com

RULES: In accordance with the Florida High School Athletic Association

MEET ENTRY:
Each athlete/team competing in this meet must complete the entry process on <http://www.directathletics.com>.

High School DA link
<https://www.directathletics.com/meets/track/83490.html>

Middle School DA link
<https://www.directathletics.com/meets/track/83493.html>

REGISTRATION DEADLINE: Wednesday, March 27, 2024 at 11:59PM

ENTRIES: Coaches may enter up to 4 athletes per individual events and 1 team per relay.

ENTRY FEE:
Entry fee is \$100 per gender team. **There is no entry fee for Middle School Athletes**

Make Checks Payable to:
Chandra Cheeseborough Invitational Track Meet

****Payments will be accepted at packet pickup. Only school checks, cash, and money orders will be accepted; purchase orders and personal checks will not be accepted.**

ENTRY DEADLINE:

Registration will open on February 1, 2024 and close Wednesday, March 27, 2024 at 11:59PM. All entries must be received before deadline. NO EXCEPTIONS.

*Direct Athletics account should be set up in advance of the deadline to avoid any problems. No faxed, emailed or phone entries will be accepted. Please verify entries prior to deadline. No changes will be made after the close of entries or at the meet.

ADMISSION:

There will be a **\$15.00 gate fee charge per person**. All Children 5 and under will be admitted free. Tickets can be purchased on <http://www.cheeseboroughinvitational.com/> or <https://gofan.co/event/1391164?schoolId=FL17945>

PARKING/DIRECTIONS:

There is no charge for parking in designated area. Team buses will be directed to a designated area to park.

RESULTS:

Live Results will be posted on line at <http://www.gunlaprunning.com>

Results will be posted on line at <https://cheeseboroughinvitational.com>

TENTS:

Team Tents will be allowed in the stadium bleachers on the side opposite of the press box.

SEATING:

Athletes will sit on the side opposite of the press box

RESTROOM FACILITIES:

Restroom facilities will be available at the track & field venue.

BIB NUMBERS:

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of their competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

HIP NUMBERS:

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

ATHLETE WARM-UP:

Warm up area is adjacent to actual competition track. The track will open one hour prior to the 1st running event of each day.

ATHLETE CHECK-IN:

It is the athletes' responsibility to hear the calls and report to their event venue on the first call. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

RELAY EVENTS:

All relay participants must check in together with their bib at the Clerk of Course. All relay changes must be completed on a relay card and presented to Clerk of Course. Relay events will run as a final if there are not enough teams competing.

FIELD EVENT RULES:

Athletes may begin to check in 30 minutes prior to start of the event. Each competitor will have a total of three (3) attempts for throws and horizontal jumps. There are no prelims and finals in the field events. Athletes who must leave for another event must check out with the Field Event Official.

In the vertical jumps, once the bar moves up, it will not move down for any reason.

IMPLEMENTS WEIGH-IN:

Athletes are responsible for their own implements for use during competition. Implement weigh-in will occur in the designated area.

Implement weigh-in will start at 7:30 AM

AWARDS:

- Individual Awards for all 1st place winners (Girl/Boy Middle and High School)
- Medals for 1st – 8th place (Girl/Boy Middle and High School)
- 1st - 3rd place Team Award (High School Girls/Boys Only)
- Most Outstanding Athlete Award (High School Girls/Boys Only)

Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. **Awards will not be mailed.** It is the responsibility of the athlete or coach to pick up awards.

FOOD/DRINK/COOLERS:

- There will be concessions available.
- Team/Athlete coolers will be allowed; however, **NO GLASS CONTAINERS** are permitted.
- All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

EVENT SCHEDULES:

The Final Meet Schedule will be posted after entries close. The event order will not change. The meet will be contested with a rolling schedule.

INCLEMENT WEATHER:

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits.

MEDICAL:

Emergency Medical personnel are on call. Athletic trainers will be available to athletes. Ice and water will be provided for injuries only. Athletic trainers will not tape athletes prior to competition. ***Athletic Trainers are only available in case of injury.***

FLUIDS:

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

WEATHER:

The average high temperature in Jacksonville during the month of March is in the mid 60's to high 70's so be prepared.

HOSPITALITY:

Nourishment and meals for Coaches and Volunteers will be in the Field House.

THINGS TO KNOW:

- Athletes and coaches should stay clear of the infield at all times.
- All athletes must wear their uniform to enter the meet.



Schedule of Events (Rolling Schedule)

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| 7:00AM | Gates Open |
| 7:30AM | Implement Weigh-In |
| 8:00AM | Coaches Meeting |
| 8:30AM | High Jump - Girls/Boys Javelin - Girls/Boys Pole Vault Girls/Boys. Shot Put - Boys/Girls Discus - Girls/Boys |
| 9:00AM | Long Jump - Girls/Boys Triple Jump - Girls/ Boys |
| 8:30AM | 4x800M Meter Relay Girls/Boys (Final) 800 Meter Adaptive |
| 10:00 AM | <u>Track Events Prelims</u> 100 Meter Hurdles 110 Meter Hurdles 100 Meter Dash (High School Only) 4x100 Meter Relay (High School Only) 400 Meter Dash 200 Meter Adaptive (Final) 200 Meter Dash |
| 2:00 PM | <u>Track Events-Finals</u> 100 Meter Hurdles 110 Meter Hurdles 100 Meter Dash (Middle School Girls/Boys) 100 Meter Dash 1600 Meter (Middle School Girls/Boys) 1600 Meter Run 4x100 Meter Relay (Middle School Girls/Boys) 4x100 Meter Relay 400 Meter (Middle School Girls/Boys) 400 Meter Dash 400 Meter Hurdles 800 Meter Run 200 Meter Dash 3200 Meter Run 4x400 Meter Relay (Middle School Girls/Boys) 4x400 Meter Relay |