



Schedule of Events (Rolling Schedule)

7:00AM Gates Open

7:30AM Implement Weigh-In

8:00AM Coaches Meeting

8:30AM High Jump - Girls/Boys
Javelin - Girls/Boys
Pole Vault Girls/Boys.
Shot Put - Boys/Girls
Discus - Girls/Boys

9:00AM Long Jump - Girls/Boys
Triple Jump - Girls/Boys

8:30AM 4x800M Meter Relay Girls/Boys (Final)
800 Meter Adaptive

10:00 AM Track Events Prelims
100 Meter Hurdles
110 Meter Hurdles
100 Meter Dash (High School Only)
4x100 Meter Relay (High School Only)
400 Meter Dash
200 Meter Adaptive (Final)
200 Meter Dash

2:00 PM Track Events-Finals
100 Meter Hurdles
110 Meter Hurdles
100 Meter Dash (Middle School Girls/Boys)
100 Meter Dash
1600 Meter (Middle School Girls/Boys)
1600 Meter Run
4x100 Meter Relay (Middle School Girls/Boys)
4x100 Meter Relay
400 Meter (Middle School Girls/Boys)
400 Meter Dash
400 Meter Hurdles
800 Meter Run
200 Meter Dash
3200 Meter Run
4x400 Meter Relay (Middle School Girls/Boys)
4x400 Meter Relay