



Schedule of Events (Rolling Schedule)

7:00AM Gates Open

7:30AM Implement Weigh-In

8:00AM Coaches Meeting

8:30AM High Jump - Girls/Boys

Javelin - Girls/Boys Pole Vault Girls/Boys. Shot Put - Boys/Girls Discus - Girls/Boys

9:00AM Long Jump - Girls/Boys

Triple Jump - Girls/ Boys

8:30AM 4x800M Meter Relay Girls/Boys (Final)

800 Meter Adaptive

10:00 AM <u>Track Events Prelims</u>

100 Meter Hurdles 110 Meter Hurdles

100 Meter Dash (High School Only) 4x100 Meter Relay (High School Only)

400 Meter Dash

200 Meter Adaptive (Final)

200 Meter Dash

2:00 PM <u>Track Events-Finals</u>

100 Meter Hurdles 110 Meter Hurdles

100 Meter Dash (Middle School Girls/Boys)

100 Meter Dash

1600 Meter (Middle School Girls/Boys)

1600 Meter Run

4x100 Meter Relay (Middle School Girls/Boys)

4x100 Meter Relay

400 Meter (Middle School Girls/Boys)

400 Meter Dash 400 Meter Hurdles 800 Meter Run 200 Meter Dash 3200 Meter Run

4x400 Meter Relay (Middle School Girls/Boys)

4x400 Meter Relay