



## Schedule of Events (Rolling Schedule)

7:00AM	Gates Open
7:30AM	Implement Weigh-In
8:00AM	Coaches Meeting
8:30AM	Pole Vault Girls/Boys Javelin - Girls/Boys
8:30AM	4x800M Meter Relay Girls/Boys (Final)
9:00AM	High Jump - Girls/Boys Shot Put - Boys/Girls Discus - Girls/Boys Long Jump - Girls/Boys Triple Jump - Girls/ Boys
10:00 AM	<u>Track Events - Prelims</u> 100 Meter Hurdles 110 Meter Hurdles 100 Meter Dash (High School Only) 4x100 Meter Relay (High School Only) 400 Meter Dash 200 Meter Dash
2:00 PM	<u>Track Events - Finals</u> 100 Meter Hurdles 110 Meter Hurdles 100 Meter Dash (Middle School Girls/Boys) 100 Meter Dash 1600 Meter Run(Middle School Girls/Boys) 1600 Meter Run 4x100 Meter Relay (Middle School Girls/Boys) 4x100 Meter Relay 400 Meter Dash(Middle School Girls/Boys) 400 Meter Dash 400 Meter Hurdles 800 Meter Run 200 Meter Dash 3200 Meter Run 4x400 Meter Relay (Middle School Girls/Boys) 4x400 Meter Relay